



**MARAMOR CHOCOLATES
DARK CHOCOLATE SQUARES WITH OMEGA-3
FACT SHEET**

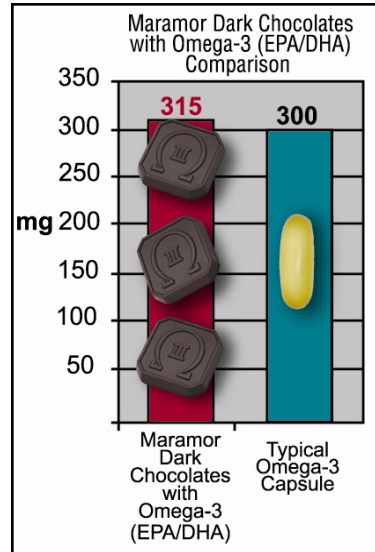
*According to GourmetSpot.com, the average American consumes approximately
11.7 pounds of chocolate each year.*

Now, chocolate can deliver more important health benefits.

- What:** Maramor Chocolates has launched a chocolate product that combines the antioxidant benefits of dark chocolate with the anti-inflammatory benefits of Omega-3 in therapeutic doses. Omega-3 is a health-boosting powerhouse that contributes to joint, circulatory and neurological health.
- Product Details:** Each package contains 30 individually wrapped 50-calorie premium dark chocolate squares fortified with microencapsulated Omega-3. Each square is imprinted with the Omega-3 symbol. The suggested retail price is \$14.99 per box.
- Benefits:** Omega-3 has been shown to provide a myriad of health benefits including supporting joint, skin, cardiovascular system and mood.
- Usage:** Maramor Chocolate's dark chocolate squares with Omega-3 should be used as a tasty supplement in addition to a healthy diet that includes fresh vegetables and two to three servings of fish per week.
- Potency:** Three squares of Maramor's Dark Chocolate Squares with Omega-3 contain a potent dosage of 315 mg of EPA/DHA, which is over 100% of the Institute of Medicine's recommended daily allowance. Typical capsules provide only 180 mg of EPA and 120 mg of DHA.
- Availability:** Maramor's Dark Chocolate Squares with Omega-3 will be available in mid-April at select GNC stores nationwide.
- About Maramor:** Maramor Chocolates is based in Columbus, Ohio and has manufactured fine chocolates since the 1920s. The company also provides private label and contract manufacturing.



Nutrition Facts	
Serving Size 3 piece (28.5g) Servings Per Container 10	
Amount Per Serving	
Calories 150	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 7g	34%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 15mg	1%
Total Carbohydrate 13g	4%
Dietary Fiber 3g	10%
Sugars 8g	
Protein 2g	
Vitamin A 0%	Vitamin C 40%
Calcium 2%	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	30g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



Medical Expert:

Joseph Maroon, MD, a board certified neurosurgeon, team neurosurgeon to the Pittsburgh Steelers and author of *Fish Oil, the Natural Anti-Inflammatory* has been involved in the creation of Dark Chocolate Squares with Omega-3 and is available to speak to the media. Dr. Maroon is a leading expert in the health benefits of Omega-3.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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